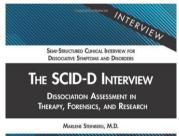
Correspondence address: 23 Mount Pleasant, Norwich, Norfolk NR2 2DH Office Telephone: 01603 660029 Website www.dissociation.co.uk Email – remy@pottergatecentre.co.uk michele@pottergatecentre.co.uk

# New 2 Day Face to Face SCID D Training

Thursday 16th & Friday 17th May 2024 - Norwich



As a world leader in the study and assessing of traumatology, Marlene Steinberg has pioneered a transdiagnostic five component model for dissociation assessment and evidence-based interview, the SCID-D – The Semi-Structured Clinical Interview for Dissociative Symptoms and Disorders.



The SCID-D is an interactive, semi-structured interview for assessing dissociation in adults and adolescents. The interview is considered the gold-standard tool in the clinical assessment of post traumatic dissociative symptoms and Dissociative Disorders. Ove 30 years of research worldwide has proved the SCID-Ds ability to identify five universal components of dissociation, consistent across various

cultures and which underlie dissociative disorders.

The most extreme form of dissociation in response to relational trauma is Dissociative Identity Disorder (DID). DID potentially is the least understood and trained for DSM 5/ ICD 11 diagnosis.

## **Training Overview**

Following the recent update of the SCID-D by Marlene Steinberg, MD, Remy Aquarone, the Centre Director of the Pottergate Centre and Dr Mike Lloyd of the CTAD Clinic, have been working with Marlene on developing a new course in the administration, scoring and interpretation of The SCID-D Interview: Dissociation Assessment in Therapy, Forensics and Research (American Psychiatric Press, 2023). The Semi-Structured Interview for Dissociative Symptoms and Disorders, will give mental health professionals, the tools you need to provide an accurate assessment of Dissociative symptoms in persons with a variety of diagnoses, especially in individuals with trauma related conditions, such as PTSD, Complex PTSD and in diagnosis of Dissociative Disorders under both DSM5 & ICD11

#### **Course content**

This training package is for those who have a good background knowledge of Dissociative Disorders.

Prior to the start of the two-day face to face course, you will have access to the online training course which is provided by ESTDuk; Understanding & Working with Complex Traumatic Dissociation. This four-module online course gives a foundation level of essential knowledge required prior to carrying out SCID-D assessments. This provides 20 hours of CPD.

We will also include, prior to the SCID-D training an online Q & A session with Melanie Goodwin, past Chair of First Person Plural

In addition to this, you will be sent copies of A Logical Way of Being and No Two Paths the Same DVD's, which were produced by First Person Plural, in conjunction with ESTDuk. You will also receive a copy of the SCID-D so you can familiarise yourself with its contents, and also a copy of the current Interviewer's Guide to the SCID-D.

Remy Aquarone & Carolynne Murphy will discuss such distinctions as dissociative amnesia, derealisation, depersonalisation and identity confusion or alteration. These are often misunderstood symptoms and training is advisable for practitioners working with trauma survivors.

We will be offering clinical experience based on decades of working psychotherapeutically with some of the most psychologically wounded survivors of relational trauma in complex settings.

Trainers will be guiding therapists through the key stages of trauma and dissociation assessing process as they relate to those who experienced abuse in early life.

During the course itself, we will look at:

- The processes we follow, from initial referral to diagnosis.
- Structure of the meetings (Initial meeting, assessment itself and feedback)
- Information sharing (Referrer and patient/client)
- Transparency about the process
- Expectations of the process and the outcome

We will take you through the complete SCID-D (as well as the pre-screening instruments), starting with the psychiatric and medical history section, both the initial and follow up questions for each of the five components and non-verbal/observational cues.

This will be followed by scoring the severity ratings for each of the five symptoms and the worksheets in order to be able to diagnose under both DSM-5 and ICD-11 criteria. Finally, examples of the completed assessment report, and recommendations will be shown.

Training will include role play in small groups, as well as the showing of some video clips.

#### **Remy Aquarone**



I am a Psychoanalyst and an accredited member of the British Psychoanalytic Council (BPC), and a retired member of the United Kingdom Council for Psychotherapy (UKCP). I am a past member of the International Society for the Study of Trauma & Dissociation (ISST-D www.isst-d.org) and the European Society for Trauma and Dissociation (ESTD). I was formerly the International Director of ISSD (International Society for the Study of Dissociation) and Chair of the UKSSD (United Kingdom Society for the Study of Dissociation). I am Past President of the ESTD (European Society for Trauma & Dissociation: www.estd.org). For over 30 years I have specialised in the area of Dissociation and Dissociative Identity Disorder (DID).

The Centre has a service level agreement with several ICB's and secondary services across the country. The activities of the centre include the assessment of clients and patients, acting as consultants to CMHTs and secondary services generally. A major part of the work is assisting NHS Trusts to develop a trauma pathway for dissociation and complex traumas.

### **Carolynne Murphy**



Dissociation assessment in therapy, forensics, and use of clinical research to aid recovery from traumatology is my key specialism. My work as a Consultant Clinical and Forensic Psychotherapist is based on training in maximum secure prisons and NHS since 2009, specialising in evaluation and psychotherapeutic work with criminalised individuals. Using gold-standard tools and an evidence based structured professional judgement approach to assessment I have run psychotherapy clinics in three high security forensic settings in the United Kingdom and lectured internationally. My forensic focus on assessing and treating female killers within complex settings, and with staff who care for them, includes qualitative doctoral level research on interpersonal violence.

Previous extensive experience gained in complex organisational dynamics and analysis of this impact on care teams guides my continuing work for national specialist clinics since 2017. I also work privately in Edinburgh, Scotland as an integrative arts psychotherapist and author. My registrations include Health Care Professions Council (HCPC), United Kingdom Council for Psychotherapy (UKCP), and Institute for Arts in Therapy and Education (IATE).

#### Venue

The training course will be taking place in Norwich City Centre, at the King's Conference Centre, from 9.00am to 4.30pm on Thursday 16<sup>th</sup> & Friday 17<sup>th</sup> May 2024. The King's Centre - <a href="https://www.kings-centre.com">https://www.kings-centre.com</a> is in the heart of the city, within walking distance of Norwich train station and coach station. There is a good selection of parking facilities nearby, as well as a good range of hotels. Lunch will be included in the training package on each day, along with refreshments on arrival and throughout the day.

### Fees/what is included £1000.00 + VAT

Course fee includes access to the ESTDuk online training modules, 2 online Q&A sessions, the 2-day face to face course, with lunch and refreshments provided on both days, 2 training DVDs, A copy of the new SCID-D and the current Interviewers Guide to the SCID-D. You will be provided with copies of the training slides following the completion of the training course, and a CPD certificate for 12 hours.

10% Discount on course fee offered to members of ESTD

This will be an interactive training group, with a maximum of 15 participants.

Contact <u>michele@pottergatecentre.co.uk</u> for a booking form.