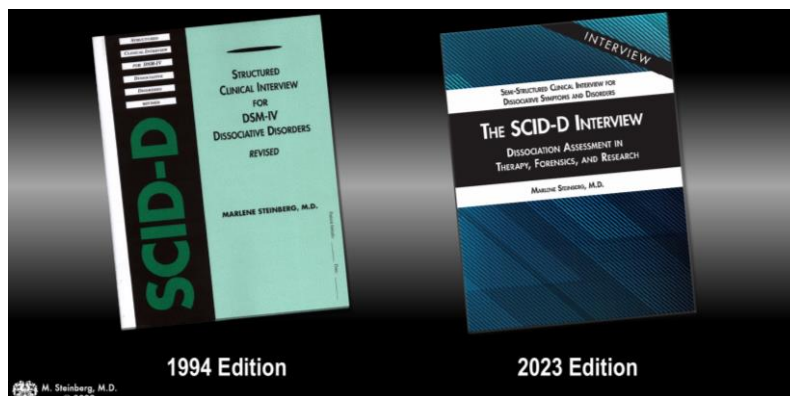




Correspondence address: 23 Mount Pleasant, Norwich, Norfolk NR2 2DH  
Office Telephone: 01603 660029 Website [www.dissociation.co.uk](http://www.dissociation.co.uk)  
Email – [remy@pottergatecentre.co.uk](mailto:remy@pottergatecentre.co.uk) [michele@pottergatecentre.co.uk](mailto:michele@pottergatecentre.co.uk)

## New 2 Day Face to Face SCID D Training

Tuesday 20th & Wednesday 21<sup>st</sup> October 2026 - York



As a world leader in the study and assessing of traumatology, Marlene Steinberg published the first SCID-D in 1993. She has since pioneered a transdiagnostic five component model for dissociation assessment and evidence-based interview, published in 2023: *The Semi-structured clinical interview for dissociative symptoms and disorders*.

### **Training Overview**

Following the update of the SCID-D in 2023, Rémy Aquarone, the Centre Director of the Pottergate Centre, has been working with Marlene on developing a new course in the administration, scoring and interpretation of the SCID-D interview: *Dissociation Assessment in Therapy, Forensics and Research* (American Psychiatric Press, 2023). This semi-structured interview will give mental health professionals the tools they need to provide an accurate assessment of Dissociative symptoms in persons with a variety of diagnoses, especially in individuals with trauma related conditions such as PTSD, Complex PTSD and in the diagnosis of Dissociative Disorders in both DSM5 and ICD11.

The course will be run jointly by Remy Aquarone, and Dr Steph Sneider, Consultant Clinical Psychologist.

### **Course content**

This new edition, just as the original one, was designed to be administered face-to-face. During Covid, creative solutions had to be found to be able to administer the assessment online. Nevertheless, as a semi structured interview where non-verbal cues and observed somatic symptoms are as important as the cognitive responses, we believe that, wherever possible, any trainings require participants to be fully engaged on a face-to-face workshop.

This current training is designed for those clinicians who have a good background knowledge of dissociative symptoms and how to work with them.

We will take you through the same step-by-step processes that your patient or client is likely to experience from initial contact to, where required, the full SCID-D assessment of dissociative symptoms, as well as a diagnosis under DSM5 or ICD11, a detailed report, and finally a letter of recommendation.

Prior to the start of the two-day face to face course, you will have access to the online training course which is provided by ESTDuk; Understanding & Working with Complex Traumatic Dissociation. This four-module online course gives a foundation level of essential knowledge required prior to carrying out SCID-D assessments. This provides 20 hours of CPD.

We will also include, prior to the SCID-D training an online Q & A session with Melanie Goodwin, past Chair of First-Person Plural.

In addition to this, you will receive downloadable copies of A Logical Way of Being and No Two Paths the Same DVD's, which were produced by First Person Plural, in conjunction with ESTDuk. You will also receive a copy of the SCID-D so you can familiarise yourself with its contents.

Remy & Steph will discuss such distinctions as dissociative amnesia, derealisation, depersonalisation and identity confusion or alteration. These are often misunderstood symptoms, and training is advisable for practitioners working with trauma survivors.

We will be offering clinical experience based on decades of working psychotherapeutically with some of the most psychologically wounded survivors of relational trauma in complex settings.

Trainers will be guiding therapists through the key stages of trauma and dissociation assessing process as they relate to those who experienced abuse in early life.

During the course, we will look at:

- The processes we follow, from initial referral to diagnosis.
- Structure of the meetings (Initial meeting, assessment itself and feedback)
- Information sharing (Referrer and patient/client)
- Transparency about the process
- Expectations of the process and the outcome

We will take you through the complete SCID-D (as well as the pre-screening instruments), with questions for each of the five components and non-verbal/observational cues.

This will be followed by scoring the severity ratings for each of the five symptoms and the worksheets in order to be able to diagnose under both DSM-5 and ICD-11 criteria. Finally, examples of the completed assessment report, and recommendations will be shown.

Training will include role play in small groups, as well as the showing of some video clips.

The 2-day training is not an accredited training in the use of a semi structured interview.

Like any short training for such a complex area of pathology, it requires clinicians to develop their skills through ongoing specialist supervision and CPD work. The Introductory pages xv and xvi in Marlene's new edition are the key guide to clinical protocol. They outline the diversity of its use and the ability to slowly increase experience and familiarity to benefit survivors of complex trauma.

For reasons of equality, diversity and inclusion, we aim to welcome a range of attendees on the new SCID D trainings. We also do appreciate relevant field regulatory bodies provide guidelines for individual registrants in terms of scope and competency at work.

### Venue

The training course will be taking place in York City Centre, at the [Novotel](#), Fishergate, York YO10 4FD from 9.00am to 4.30pm on Tuesday 20<sup>th</sup> & Wednesday 21<sup>st</sup> October 2026, which is a short walk from the city centre and approximately 20 minutes walking distance of York train station. Free parking is available at the hotel, and as well as the option of staying at the Novotel (20% discount available to those wishing to book a room, subject to availability), there is a good range of hotels nearby. Lunch will be included in the training package on each day, along with refreshments on arrival and throughout the day.

The city of York is ideally located for those travelling from overseas, with a choice of airports, with Leeds Bradford being the closest option.

### Fees/what is included £750.00 + VAT

Course fee includes access to the ESTDuk online training modules, an online Q&A session, the 2-day face to face course, with lunch and refreshments provided on both days, 2 training DVDs, and a copy of the updated 2023 edition of the SCID-D. You will be provided with copies of the training slides following the completion of the training course, and a CPD certificate for 12 hours.

Following the completion of the course, we will also be offering a 90 minute online follow up session.

10% Discount on course fee offered to members of ESTD

This will be an interactive training group for a maximum of 12 people and therefore a limited number of places will be available.

The course will run when a minimum number has been met.

Contact [michele@pottergatecentre.co.uk](mailto:michele@pottergatecentre.co.uk) for a booking form.

**Remy Aquarone**



I am a Psychoanalyst and an accredited member of the British Psychoanalytic Council (BPC), and a retired member of the United Kingdom Council for Psychotherapy (UKCP). I am a past member of the International Society for the Study of Trauma & Dissociation (ISST-D [www.isst-d.org](http://www.isst-d.org)) and the European Society for Trauma and Dissociation (ESTD). I was formerly the International Director of ISSD (International Society for the Study of Dissociation) and Chair of the UKSSD (United Kingdom Society for the Study of Dissociation). I am Past President of the ESTD (European Society for Trauma & Dissociation: [www.estd.org](http://www.estd.org)). For over 30 years I have specialised in the area of Dissociation and Dissociative Identity Disorder (DID).

The Centre has a service level agreement with several ICB's and secondary services across the country. The activities of the centre include the assessment of clients and patients, acting as consultants to CMHTs and secondary services generally. A major part of the work is assisting NHS Trusts to develop a trauma pathway for dissociation and complex traumas.

### **Dr Steph Snider**



I am a Consultant Clinical Psychologist, working part time in NHS adult mental health services, as the clinical lead for the West Yorkshire Survivors of Sexual Abuse Pathfinder Programme. I have spent my career, of over 20 years of working with NHS Mental Health Services, working with survivors of childhood abuse and trauma who experience significant dissociation and in a variety of mental health settings: acute and secure inpatient, rehabilitation, community crisis and secondary care therapy services. I am a trained DBT and EMDR therapist, a member of the Bradford DBT Consultation Team and the Critical Incident Debrief Service. I focus on supporting the system around clients who experience significant trauma-based difficulties including severe dissociation and DID. I provide trauma-informed, formulation-based consultation and group supervision to NHS multi-disciplinary teams and independent care providers, to the benefit of clients and staff; supporting joined up working, reducing anxiety, fragmentation and burnout and increasing therapeutic optimism. In my work with The Pottergate Centre, providing diagnostic assessment, consultation on care delivery, supervision, training and individual therapy.

I am registered with the Health and Care Professions Council and hold chartered status with the British Psychological Society. I am a member of the European Society for Trauma and Dissociation (ESTD) and International Society for the Study of Trauma and Dissociation (ISSTD).

### **Feedback from previous courses**

Overall, I thought the course was super helpful and it was wonderful to learn from two experienced and knowledgeable trainers. Really appreciated the warmth and thoughtfulness of the whole thing.

The structure of the assessment and how to support the client and introduce this and this seemed more important than just going through the assessment as it is considering the impact on the client.

It was very valuable information. Delivering the Interview gave way to brilliant examples, of having the interview itself. So refreshing to be amongst a community of DID peers that work with DID.

Learning of the trainers' experience and clinical expertise in using the SCID D tool - their personal experiences, examples and anecdotes.

Good overview of 5 areas of dissociation. Excellent intro to the SCID D items and scoring v. helpful. Expertise of facilitators invaluable.

Roleplay and other points enabled extremely helpful reflection. I was able to draw upon lots of clinical examples when we were trying out role plays or discussing topics. It was, therefore, highly relevant and relatable.

The course was extremely well organized and delivered... the caring, containing environment was excellent throughout.