



Advanced Therapist Training

4th November 2026 - York

Face to Face course

Training Overview

The course will be run jointly by Remy Aquarone, and Dr Steph Sneider, Consultant Clinical Psychologist, and is aimed at therapists who have a good understanding of Dissociative Disorders.

The course offers an opportunity in a safe, confidential space to share and discuss issues that commonly arise in this complex area.

Draft course content to include the following

Therapy guidelines- overview

Overview of structural model

Common experiences when working with complex dissociation

Working with child parts

Working with protector parts

Working with hopeless / suicidal parts

Supporting the ANP

Clients who continue to have contact with abusers/perpetrators; the safeguarding dilemma

Working with fragmented teams

Counter Transference and the role of curiosity.

Therapist as moderator between inner and outer experiences.

Case consultation / peer supervision

We will be offering clinical experience based on decades of working psychotherapeutically with some of the most psychologically wounded survivors of relational trauma in complex settings.

For reasons of equality, diversity and inclusion, we aim to welcome a range of attendees on this training course.

Venue

The training course will be taking place in York City Centre, at the [Novotel](#), Fishergate, York YO10 4FD from 9.00am to 4.30pm Wednesday 4th November 2026, which is a short walk from the city centre and approximately 20 minutes walking distance of York train station. Free parking is available at the hotel, and as well as the option of staying at the Novotel (20% discount available to those wishing to book a room, subject to availability), there is a good range of hotels nearby. Lunch will be included in the training package on each day, along with refreshments on arrival and throughout the day.

The city of York is ideally located for those travelling from overseas, with a choice of airports, with Leeds Bradford being the closest option.

Fee £375.00

10% Discount on course fee offered to members of ESTD

This will be an interactive training group, with a limited number of places available.

The course will run when a minimum number has been met.

Contact michele@pottergatecentre.co.uk for a booking form.

Remy Aquarone



I am a Psychoanalyst and an accredited member of the British Psychoanalytic Council (BPC), and a retired member of the United Kingdom Council for Psychotherapy (UKCP). I am a past member of the International Society for the Study of Trauma & Dissociation (ISST-D www.isst-d.org) and the European Society for Trauma and Dissociation (ESTD). I was formerly the International Director of ISSD (International Society for the Study of Dissociation) and Chair of the UKSSD (United Kingdom Society for the Study of Dissociation). I am Past President of the ESTD (European Society for Trauma & Dissociation: www.estd.org). For over 30 years I have specialised in the area of Dissociation and Dissociative Identity Disorder (DID).

The Centre has a service level agreement with several ICB's and secondary services across the country. The activities of the centre include the assessment of clients and patients, acting as consultants to CMHTs and secondary services generally. A major part of the work is assisting NHS Trusts to develop a trauma pathway for dissociation and complex traumas.

Dr Steph Snider



Clinical Psychologist, working part time in NHS adult mental health services, for the West Yorkshire Survivors of Sexual Abuse Pathfinder Programme. I have a career, of over 20 years of working with NHS Mental Health Services, working with children and young people who experience significant dissociation and in a variety of health settings: acute and secure inpatient, rehabilitation, community crisis and out-patient therapy services. I am a trained DBT and EMDR therapist, a member of the Consultation Team and the Critical Incident Debrief Service. I focus on supporting clients who experience significant trauma-based difficulties including severe DID. I provide trauma-informed, formulation-based consultation and group supervision to NHS multi-disciplinary teams and independent care providers, to the benefit of clients and staff; supporting joined up working, reducing anxiety, fragmentation and burnout and increasing therapeutic optimism. In my work with The Pottergate Centre, providing diagnostic assessment, consultation on care delivery, supervision, training and individual therapy.

I am registered with the Health and Care Professions Council and hold chartered status with the British Psychological Society. I am a member of the European Society for Trauma and Dissociation (ESTD).